

Catalina Spinach Salad

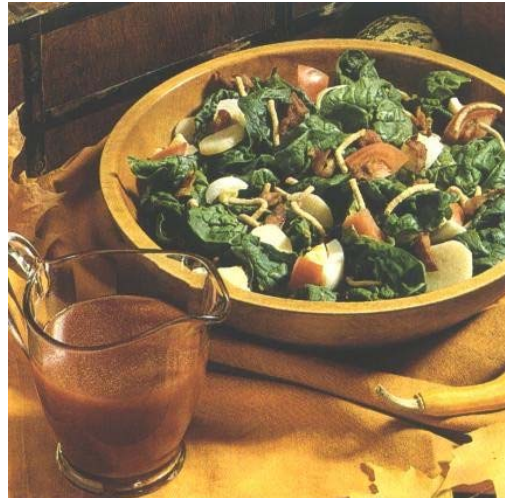
Wally loves this dressing. I usually double the salad dressing recipe and keep it in the refrigerator.

DRESSING:

1/2 cup vegetable oil
1/4 cup ketchup or chili sauce
1/4 cup red wine vinegar
1/4 cup finely chopped onion
3 Tbs. sugar
2 tsp. Worcestershire sauce
1/2 tsp. salt, optional

SALAD:

2 bags (10 oz. each) spinach, torn
2 large tomatoes, diced
2 cans (8 oz. each) sliced water chestnuts,
drained
2 cups chow mien noodles, optional
2 hard-cooked eggs, chopped
6 to 12 bacon strips, cooked and crumbled
1 thinly sliced red or sweet onion, optional



Combine the first seven ingredients in a jar with tight-fitting lid; shake well.

Combine remaining ingredients in a large salad bowl; add dressing and toss.

Serve immediately.

Yield: 6 to 8 servings.

NOTE: Chow mien noodles can be replaced with croutons.