

Appetizer

Dip

Donna's Fruit Dip

Munching of fruit becomes so much more fun when there is a sweet, creamy dip to dunk your slices in. My niece, Donna, gave me this recipe. With all the interest in good eating this serves well as an appetizer.

6 ounces pineapple juice

1 pkg. (3.4 oz.) vanilla instant pudding
OR

1 pkg. (.9oz.) vanilla sugar-free
instant pudding

8 ounces Cool Whip,
regular, light, or fat free

Assorted fruits



Mix juice, and pudding powder together.

Fold in Cool Whip.

Chill prior to serving.

Cut fruits up into bite size pieces and arrange on serving tray.

Fruit is dipped into the pudding mixture and enjoyed.

Toothpicks make the appetizer easy to serve.

Yield: 1-1/2 cups.

NOTE: CHOCOLATE PLUNGE

In medium saucepan stir 2/3 cup Karo® Light or Dark Corn Syrup, and 1/2 cup heavy or whipping cream. Bring to boil over medium heat. Remove from heat. Can be cooked in microwave on High (100%) for 1-1/2 minutes or until boiling.

Add 8 ounces of semisweet chocolate; stir until completely melted.

Serve warm as a dip for fruit or cookies.