

Dessert

Gelatin

Strawberry Jell-O Surprise

The sour cream makes this gelatin dessert very delicious. Betty Wetherhold, a sister-in-law, introduced me to this dessert at one of our annual Wetherhold Picnics so many years ago.

2 packages (3 oz.) strawberry gelatin
2 cups boiling water

1 (20 oz.) can crushed pineapple and juice
1 package (10 to 16 oz.) frozen strawberries
1 large banana

1 pint sour cream
8 oz. frozen whipped topping



Dissolve gelatin in boiling water.

Add fruit and juice.

Pour 1/2 of the gelatin into a 8-inch x 11-inch pan; refrigerate until thick; about 1 hour.

Spread sour cream on top of gelatin.

Add rest of gelatin and refrigerate until complete chilled.

Top with thawed whipped topping.

Yield: 8 servings.

NOTE: With all the low fat products on the market, you can make this dessert for every taste bud. A good dessert for those hot days of summer or a pot luck picnic.